



GE83KRQ*-1, GE83KRQ*-2, GE83KRQ*-3, GE83MRTQ*, GE83MRQ, GE83DTRQ*, GE83XRQ

Microwave Oven

Owner's Instructions & Cooking Guide

imagine the possibilities

Thank you for purchasing this Samsung product.

Please be advised that the Samsung warranty does NOT cover service calls to explain product operation, correct improper installation, or perform normal cleaning or maintenance.







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safety information

USING THIS INSTRUCTION BOOKLET

You have just purchased a SAMSUNG microwave oven. Your Owner's Instructions contains valuable information on cooking with your microwave oven:

- · Safety precautions
- Suitable accessories and cookware
- Useful cooking tips
- · Cooking tips

LEGEND FOR SYMBOLS AND ICONS

MARNING

Hazards or unsafe practices that may result in **severe personal injury or death**.



Hazards or unsafe practices that may result in **minor personal injury or property damage**.



Warning; Fire hazard



Warning; Hot surface



Warning; Electricity



Warning; Explosive material



Do NOT attempt.



Do NOT touch.



Do NOT disassemble.



Follow directions explicitly.



Unplug the power plug from the wall socket.



Make sure the machine is grounded to prevent electric shock.



Call the service center for help.



Note



Important





IMPORTANT SAFETY INSTRUCTIONS READ CAREFULLY AND KEEP FOR FUTURE REFERENCE.

Make sure that these safety precautions are obeyed at all times.

Before using the oven, confirm that the following instructions are followed.

▲ WARNING (Microwave function only)

- WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.
- warning: It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.
- This appliance is intended to be used in household only.

- warning: Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.
- warning: This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are aged from 8 years and above and supervised.
- Only use utensils that are suitable for use in microwave ovens.
- When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.



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- The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
- If smoke is emitted, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- warning: Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container.
- warning: The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.
- Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
- The oven should be cleaned regularly and any food deposits removed.

- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- The appliance is not intended for installing in road vehicles, caravans and similar vehicles etc.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
- WARNING: Liquids and other foods must not be heated in sealed containers since they are liable to explode.



- **(**
- The appliance should not be cleaned with a water jet.
- This oven should be positioned proper direction and height permitting easy access to cavity and control area.
- Before using the your oven first time, oven should be operated with the water during 10 minute and then used.
- If the oven generates a strange noise, a burning smell, or smoke is emitted, unplug the power plug immediately and contact your nearest service center.
- The microwave oven has to be positioned so that plug is accessible.
- The microwave oven is intended to be used on the counter or counter top use only, the microwave oven shall not be placed in a cabinet.

▲ WARNING (Oven function only) - Optional

warning: When the appliance is operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.

- During use the appliance becomes hot. Care should be taken to avoid touching heating elements inside the oven.
- **WARNING:** Accessible parts may become hot during use. Young children should be kept away.
- A steam cleaner is not to be used.
- **WARNING:** Ensure that the appliance is switched off before replacing the lamp to avoid the possibility of electric shock.
- warning: The appliance and its accessible parts become hot during use. Care should be taken to avoid touching heating elements.
 Children less than 8 years of age shall be kept away unless continuously
- The temperature of accessible surfaces may be high when the appliance is operating.

supervised.

- The door or the outer surface may get hot when the appliance is operating.
- Keep the appliance and its cord out of reach of children less than 8 years.

English - 5

- **(**
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.
- Appliances are not intended to be operated by means of an external timer or separate remote-control system.

This product is a Group 2 Class B ISM equipment. The definition of group 2 which contains all ISM equipment in which radio-frequency energy is intentionally generated and/or used in the form of electromagnetic radiation for the treatment of material, and

EDM and arc welding equipment. For Class B equipment is equipment suitable for use in domestic establishments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purposes.

INSTALLING YOUR MICROWAVE OVEN

Place the oven on a flat level surface 85 cm above the floor. The surface should be strong enough to safely bear the weight of the oven.

- 1. When you install your oven, make sure there is adequate ventilation for your oven by leaving at least 10 cm (4 inches) of space behind and, on the sides of the oven and 20 cm (8 inches) of space above.
- **2.**Remove all packing materials inside the oven.
- **3.**Install the roller ring and turntable. Check that the turntable rotates freely. (Turntable type model only)
- **4.**This microwave oven has to be positioned so that plug is accessible.



- **(**
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard. For your personal safety, plug the cable into a proper AC earthed socket.
- Do not install the microwave oven in hot or damp surroundings like next to a traditional oven or radiator. The power supply specifications of the oven must be respected and any extension cable used must be of the same standard as the power cable supplied with the oven. Wipe the interior and the door seal with a damp cloth before using your microwave oven for the first time.

CLEANING YOUR MICROWAVE OVEN

The following parts of your microwave oven should be cleaned regularly to prevent grease and food particles from building up:

- Inside and outside surfaces
- Door and door seals
- Turntable and Roller rings (Turntable type model only)
- ALWAYS ensure that the door seals are clean and the door closes properly.

- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- **1.**Clean the outside surfaces with a soft cloth and warm, soapy water. Rinse and dry.
- **2.**Remove any splashes or stains on the inside surfaces of oven with a soapy cloth. Rinse and dry.
- **3.**To loosen hardened food particles and remove smells, place a cup of diluted lemon juice in the oven and heat for ten minutes at maximum power.
- **4.** Wash the dishwasher-safe plate whenever necessary.
- **DO NOT** spill water in the vents. **NEVER** use any abrasive products or chemical solvents. Take particular care when cleaning the door seals to ensure that no particles:
 - Accumulate
 - Prevent the door from closing correctly

English - 7



Clean the microwave oven cavity right after each use with a mild detergent solution, but let the microwave oven cool down before cleaning in order to avoid injury.

When cleaning the upper part inside the cavity, it will be convenient to turn heater downward by 45° and clean it. (Swing heater model only)



STORING AND REPAIRING YOUR MICROWAVE OVEN

A few simple precautions should be taken when storing or having your microwave oven serviced.

The oven must not be used if the door or door seals are damaged:

- Broken hinge
- Deteriorated seals
- Distorted or bent oven casing

Only a qualified microwave service technician should perform repair.

■ NEVER remove the outer casing from the oven. If the oven is faulty and needs servicing or you are in doubt about its condition:

- Unplug it from the wall socket
- Contact the nearest after-sales service centre
- If you wish to store your oven away temporarily, choose a dry, dustfree place.
 Reason: Dust and damp may adversely affect the working parts in the oven.
- This microwave oven is not intended for commercial use.
- The Light bulb should not be replaced in person for safety reasons. Please contact nearest authorised Samsung customer care centre to arrange for a qualified engineer to replace the bulb.

A	WARNING	Δ	A		Æ
X	Only qualified staff should be allowed to modify or repair the appliance.	~	✓	✓	✓
	Do not heat liquids and other food in sealed containers for microwave function.	~	~	~	✓
	For your safety, do not use high-pressure water cleaners or steam jet cleaners.	~	~	✓	~
	Do not install this appliance; near heater, inflammable material; in a humid, oily or dusty location, in a location exposed to direct sunlight and water or where gas may leak; on un level ground.	✓	✓	✓	✓
=	This appliance must be properly grounded in accordance with local and national codes.	~	✓	✓	✓

English - 8



*	Remove all foreign substances such as dust or water from the power plug terminals and contact points using a dry cloth on a regular basis.	✓	✓	✓	√
	Do not pull or excessively bend or place heavy objecton the power cord.	~	~	~	~
*	In the event of a gas leak (such as propane gas, LP gas, etc.), ventilate immediately without touching the power plug.	✓	✓	✓	√
8	Do not touch the power plug with wet hands.	✓	√	✓	√
	Do not turn the appliance off by unplugging the power plug while an operation is in progress.	~	✓	✓	√
*	Do not insert fingers or foreign substances, If any foreign substance such as water has entered the appliance, unplug the power plug and contact your nearest service centre.	✓	✓	✓	~
	Do not apply excessive pressure or impact to the appliance.	~	√	✓	√
	Do not place the oven over a fragile object such as a sink or glass object.	~	~		
	Do not use benzene, thinner, alcohol, steam cleaner or high pressure cleaner to clean the appliance.	~	~	~	~
	Ensure that the power voltage, frequency and current are the same as those of the product specifications.	✓	✓		√
	Plug the power plug into the wall socket firmly. Do not use a multiple plug adapter, an extension cord or an electric transformer.	✓	✓	√	
	Do not hook the power cord on a metal object, insert the power cord between the objects or behind the oven.	~	√	~	

	Do not use a damaged power plug, damaged power cord or loose wall socket. When the power plug or power cord is damaged, contact your nearest service centre.	✓	~	✓	✓	
	Do not pour or directly spray water onto the oven.	~	~			
	Do not place objects on the oven, inside or on the door of the oven.	~	~	~		
	Do not spray volatile material such as insecticide onto the surface of the oven.	~	~			
	Do not store flammable materials in the oven. Take special care when heating dishes or drinks that contain alcohol as alcohol vapours may contact a hot part of the oven.	✓		✓	✓	
*	Keep children away from the door when opening or closing it as they may bump themselves on the door or catch their fingers in the door.	✓	✓	✓	✓	
*	WARNING: Microwave heating of beverages can result in delayed eruptive boiling, therefore care must be taken when handling the container; To prevent this situation ALWAYS allow a standing time of at least 20 seconds after the oven has been switched off so that the temperature can equalize. Stir during heating, if necessary, and ALWAYS stir after heating. In the event of scalding, follow these FIRST AID instructions:					
	 Immerse the scalded area in cold water for at least 10 minutes. Cover with a clean, dry dressing. Do not apply any creams, oils or lotions. 					
	Do not put the tray or rack in water shortly after cooking because it may cause breakage or damage of the tray or rack.				✓	

English - 9



	Do not operate the microwave oven for deep fat frying because the oil temperature cannot be controlled. This could result in a sudden boil over of the hot liquid.	~			✓
A	CAUTION	Δ	À	Â	Æ
*	Only use utensils that are suitable for use in microwave ovens; DO NOT use any metallic containers, Dinnerware with gold or silver trimmings, Skewers, forks, etc. Remove wire twist ties from paper or plastic bags. Reason: Electric arcing or sparking may occur and may damage the oven.	✓		✓	>
	Do not use your microwave oven to dry papers or clothes.	~		~	✓
*	Use shorter times for smaller amounts of food to prevent overheating and burning food.	~		✓	~
	Do not immerse the power cable or power plug in water and keep the power cable away from heat.	✓	~		
	Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended; Also do not heat airtight or vacuum-sealed bottles, jars, containers, nuts inshells, tomatoes etc.			~	\
	Do not cover the ventilation slots with cloth or paper. They may catch fire as hot air escapes from the oven. The oven may also overheat and switch itself off automatically, and will remain off until it cools sufficiently.	✓		✓	
8	Always use oven mitts when removing a dish from the oven to avoid unintentional burns.			~	
*	Stir liquids halfway during heating or after heating ends and allow the liquid stand at least 20 seconds after heating to prevent eruptive boiling.			√	

*	Stand at arms length from the oven when opening the door to avoid getting scalded by escaping hot air or steam.			~	
	Do not operate the microwave oven when it is empty. The microwave oven will automatically shut down for 30 minutes for safety purposes. We recommend placing a glass of water inside the oven at all times to absorb microwave energy in case the microwave oven is started accidentally.	✓			✓
*	Install the oven in compliance with the clearances stated in this manual. (See installing your microwave oven.)	✓		✓	
*	Take care when connecting other electrical appliances to sockets near the oven.	✓	✓	✓	

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY. (MICROWAVE FUNCTION ONLY)

Failure to observe the following safety precautions may result in harmful exposure to microwave energy.

- (a) Under no circumstances should any attempt be made to operate the oven with the door open or to tamper with the safety interlocks (door latches) or to insert anything into the safety interlock holes.
- (b) Do NOT place any object between the oven door and front face or allow food or cleaner residues to accumulate on sealing surfaces. Ensure that the door and door sealing surfaces are kept clean by wiping after use first with a damp cloth and then with a soft dry cloth.
- (c) Do NOT operate the oven if it is damaged until it has been repaired by a qualified microwave service technician trained by the manufacturer. It is particularly important that the oven door closes properly and that there is no damage to the:
 - (1) door (bent)
 - (2) door hinges (broken or loose)
 - (3) door seals and sealing surfaces
- (d) The oven should not be adjusted or repaired by anyone other than a properly qualified microwave service technician trained by the manufacturer.

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Samsung will charge a repair fee for replacing an accessory or repairing a cosmetic defect if the damage to the unit and/or damage to or loss of the accessory was caused by the customer. Items this stipulation covers include:

- (a) A Dented, Scratched, or Broken Door, Handle, Out-Panel, or Control Panel.
- (b) A Broken or missing Tray, Guide Roller, Coupler, or Wire Rack.
- Use this appliance only for its intended purpose as described in this
 instruction manual. Warnings and Important Safety Instructions in this
 manual do not cover all possible conditions and situations that may occur.
 It is your responsibility to use common sense, caution, and care when
 installing, maintaining, and operating your appliance.
- Because these following operating instructions cover various models, the characteristics of your microwave oven may differ slightly from those described in this manual and not all warning signs may be applicable. If you have any questions or concerns, contact your nearest service centre or find help and information online at www.samsung.com.
- This microwave oven is supposed for heating food. It is intended for domestic home-use only. Do not heat any type of textiles or cushions filled with grains, which could cause burns and fire. The manufacturer cannot be held liable for damage caused by improper or incorrect use of the appliance.
- Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possible result in a hazardous situation.



(WASTE ELECTRICAL & ELECTRONIC EQUIPMENT)

CORRECT DISPOSAL OF THIS PRODUCT

(Applicable in countries with separate collection systems)

This marking on the product, accessories or literature indicates that the product and its electronic accessories (e.g. charger, headset, USB cable) should not be disposed of with other household waste at the end of their working life. To prevent possible harm to the environment or human health from uncontrolled waste disposal, please separate these items from other types of waste and recycle them responsibly to promote the sustainable reuse of material resources.

Household users should contact either the retailer where they purchased this product, or their local government office, for details of where and how they can take these items for environmentally safe recycling.

Business users should contact their supplier and check the terms and conditions of the purchase contract. This product and its electronic accessories should not be mixed with other commercial wastes for disposal.

quick look-up guide

If you want to cook some food.

<i>(</i> /\\ CB4		1.	Place the food in the oven. Press Microwave button to start cooking.	
	>		Press the Up/Down button until the appropriate power level is displayed. At that time, press the Select button to set the power level.	
		3.	Set the cooking time by pressing the Up/Down button.	
♦ CTAPT	Г	4.	Press the START button. Result: Cooking starts. The oven beeps 4 times when cooking is over.	

If you want to defrost some food.

	* * ОО Ускоренная разморозка		1.	Place the frozen food in the oven. Press the Power Defrost button.
^	Гт Выбор	~	2.	Set the cooking category by pressing the Up/Down button. Press the Select button to set desired.
			3.	Select the weight by pressing the Up/Down button.
	♦ CTAPT		4.	Press the START button.

If you want to add extra 30 seconds.

+30 CEK	Leave the food in the oven. Press the +30s one or more times for each extra 30 seconds
♦ CTAPT	that you wish to add. Press the START button.

English - 11



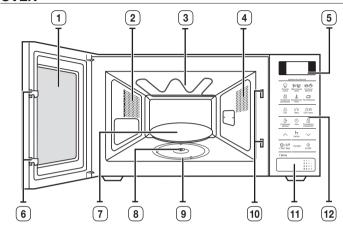


If you want to grill some food.

	∭ Гриль		1.	Press the Grill button.
^	р Выбор	~	2.	Select the cooking time by pressing the Up/Down button.
	♦ CTAPT		3.	Press the START button.

oven features

OVEN



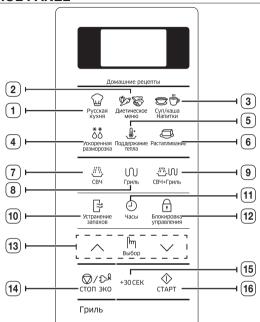
- **1.** DOOR
- 2. VENTILATION HOLES
- 3. GRILL
 - 4. LIGHT
 - 5. DISPLAY
- 6. DOOR LATCHES

- 7. TURNTABLE
- 8. COUPLER
- 9. ROLLER RING
- 10. SAFETY INTERLOCK HOLES
- 11. OPEN DOOR PUSH BUTTON
- 12. CONTROL PANEL





CONTROL PANEL

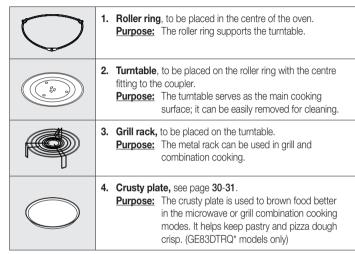


- 1. RUSSIAN MENU BUTTON
- 2. HEALTHY COOKING BUTTON
- 3. SOUP/DRINK MENU BUTTON
- 4. AUTO RAPID DEFROST BUTTON
- 5. KEEP WARM BUTTON
- 6. SOFTEN/MELT BUTTON
- 7. MICROWAVE MODE BUTTON
- 8. GRILL MODE BUTTON
- 9. COMBI MODE BUTTON

- 10. DEODORISATION BUTTON
- 11. CLOCK SETTING
- 12. CHILD LOCK BUTTON
- UP/DOWN BUTTON
 (Cooking time, Weight and serving size)
- 14. STOP/ENERGY SAVE BUTTON
- 15. +30s BUTTON
- 16. START BUTTON

ACCESSORIES

Depending on the model that you have purchased, you are supplied with several accessories that can be used in a variety of ways.



DO NOT operate the microwave oven without the roller ring and turntable.





oven use

HOW A MICROWAVE OVEN WORKS

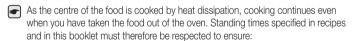
Microwaves are high-frequency electromagnetic waves; the energy released enables food to be cooked or reheated without changing either the form or the colour. You can use your microwave oven to:

- Defrost
- Instant Reheat/Cook
- Cook

Cooking Principle.



- The microwaves generated by the magnetron are distributed uniformly as the food rotates on the turntable. The food is thus cooked evenly.
- The microwaves are absorbed by the food up to a depth of about 1 inch (2.5 cm). Cooking then continues as the heat is dissipated within the food.
- 3. Cooking times vary according to the recipient used and the properties of the food:
 - Quantity and density
 - Water content
 - Initial temperature (refrigerated or not)



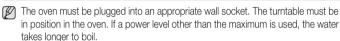
- Even cooking of the food right to the centre
- The same temperature throughout the food

CHECKING THAT YOUR OVEN IS OPERATING CORRECTLY

The following simple procedure enables you to check that your oven is working correctly at all times. Open the oven door by pushing the large button in the bottom right-hand corner of the control panel.

First, place a bowl of water on the turntable. Then, close the door.

+30 CEK	Press the +30s button once for added.	each 30 seconds to be
♦ CTAPT	Press the START button. Result: The oven heats the water should the	water for 4 to 5 minutes. on be boiling.









SETTING THE TIME

Your microwave oven has an inbuilt clock. When power is supplied, ":0", "88:88" or "12:00" is automatically displayed on the display.

Please set the current time. The time can be displayed in either the 24- hour or 12-hour notation. You must set the clock:

- When you first install your microwave oven
- After a power failure



Do not forget to reset the clock when you switch to and from summer and winter time.

	Часы		1.	Press the Clock button.
^	Гт Выбор	~	2.	Press Up/Down button to set time display type. (12H or 24H)
	ьыоор		3.	Press the Select button to complete the setup.
			4.	Press Up/Down button to set the hour.
			5.	Press the Select button.
	ſιπ		6.	Press Up/Down button to set the minute.
^	Выбор	\vee	7.	When the right time is displayed, press the Select button to
				start the clock.
				Result: The time is displayed whenever you are not
				using the microwave oven.

COOKING/REHEATING

The following procedure explains how to cook or reheat food. ALWAYS check your cooking settings before leaving the oven unattended.

First, place the food in the centre of the turntable. Then, close the door.

//\\ CB4	1. Press the Microwave button.	
∕ № Выбор	 2. Press Up/Down button until the appropriate power level is displayed. At that time, press the Select button to set the power level. If don't set the power level within 5 seconds, Automatically changes to the cooking time setting stages. 3. Set the cooking time by Pressing Up/Down button. Result: The cooking time is displayed. 	
♦ CTAPT	4. Press the START button. Result: The oven light comes on and the turntable starotating. Cooking starts and when it has finishe The oven beep and flash "End" 4 times. The oven will then beep one time per minute.	ed.



Never switch the microwave oven on when it is empty.

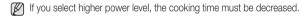




POWER LEVELS

You can choose among the power levels below.

Power level	Output	
Power level	MWO	GRILL
HIGH	800 W	-
MEDIUM HIGH	600 W	-
MEDIUM	450 W	-
MEDIUM LOW	300 W	-
DEFROST	180 W	-
LOW / KEEP WARM	100 W	-
GRILL	-	1100 W
COMBII	600 W	1100 W
COMBI II	450 W	1100 W
COMBI III	300 W	1100 W



If you select lower power level, the cooking time must be increased.

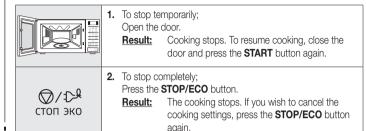
ADJUSTING THE COOKING TIME

You can increase the cooking time by pressing the **+30s** button once for each 30 seconds to be added.

+30 CEK	1. Press the +30s button once for each 30 seconds to be added.
♦ CTAPT	2. Press the START button.

STOPPING THE COOKING

You can stop cooking at any time to check the food.



You can cancel any setting before starting cooking by simply pressing STOP/ECO button.

SETTING THE ENERGY SAVE MODE

The oven has an Energy save mode. This facility saves electricity when the oven is not in use.



- Press the **STOP/ECO** button.
- To remove energy save mode, open the door or press the STOP/ECO button and then display shows current time.
 The oven is ready for use.

Auto energy saving function

If you do not select any function when appliance is in the middle of setting or operating with temporary stop condition, function is canceled and clock will be displayed after 25 minutes. Oven Lamp will be turned off after 5 minutes with door open condition.





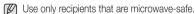
USING THE AUTO RUSSIAN COOK FEATURE

With the Auto Russian Cook feature, the cooking time is set automatically.

You can select the food by pressing the **Russian Cook** button and **Up/Down** button the required number of times.

First, place the food in the centre of the turntable and close the door.

Русская кухня	Press the Auto Russian Cook button which you want the required category.
∕ № У	2. Press the Up/Down button to select the food you want.
	3. Press the START button.
	Result: When it has finished:
\Diamond	 The oven beeps four times.
CTAPT	2) The end reminder signal will beep 3 times.
	(once every minute)
	The current time is displayed again.



AUTO RUSSIAN COOK FEATURE/COOK

The following table presents Auto Russian Cook feature/Cook Programmes, quantities, standing times and appropriate recommendations.

Code/Food	Serving size	Ingredients	
1	130-135 g	Egg - 3 pc, Milk - 30 ml, Salt - 2 g	
Omlet	Instructions Whisk the egg wi Start cooking.	ith milk and salt, pour out egg to a plate.	
2 Sausages with	Sausage - 2 pc Hot pea -132 g	Sausages - 2 pc per 50 g, Butter - 5 g, Canned pea - 135 g (dry weight)	
canned pea			
3 Keks	180 g	Sugar - 45 g, Vanilla infused sugar - 5 g, Butter - 40 g, Egg - ½ pc, Milk -30 ml, Baking powder -3 g, Wheat - 100 g	
	Add all next ingre	offused sugar and butter. Add beaten egg. Sedients. Put it into a buttered bowl. Start cooking. The removing out the bowl.	
4 Lemon shortbread bolls	190 g (5 pc)	Wheat - 100 g, Butter - 50 g, Sugar - 40 g, Egg yolk- ½ pc, Warm water - 1 tbsp, Lemon zests, For topping: Egg yolk- 1 pc, Ice sugar - 3-5 g	
	Put it on turntable egg yolk on the b	dients. Make five balls. Put it on wax paper. e. Start cooking. As soon as oven beeps, grease balls top, sprinkle with ice sugar and continue . Leave it to cold.	

(Continued)



English - 17



Code/Food	Serving size	Ingredients
		•
5 Syrniki	2 per 95 g	Custard cheese - 90-100 g, Wheat - 10 g, Sugar (vanilla infused sugar)-10 g, Salt- 0,5 g,
*		Egg - ¼ pc, Butter - 5-10 g (for greasing)
	Instructions	
	"	cept butter mix well. Make two tablet forms.
		to the tablet forms. Put it on wax paper and on
	~	poking. As soon as oven beeps, upside down continue cooking process.
6	40-60 g	Toast bread - 2 pc. per 26-28 g,
Cheese toast		Cheese - 2 pc per 20 g
	Instructions	
		s to the grill rack. Start cooking. As soon as oven
		own toasts and put on cheese to the toasts. And
_	continue cooking	
7	125 g (5 pc)	Cheese - 125 g (4-5 pc per 25 g each),
Cheese in bread crumbs	Instructions	Egg - ½ pc, Bread crumbs - 3-5 g
breau crumbs		5 cm x 5 cm square forms. Put into egg yolk and
	covered with bre	ad crumbs. Preheat the oven 5 min Grill. Put paper. Then put it on the grill rack. Start cooking.
8	270 g	(1) Champignons - 30 g, Pike perch filet - 150 g,
Moscow style		Oil - 5 g
fish		(2) Sour cream - 30 g (2 x 15 g) (3) Backed potato round cut - 2 pc per 60-70 g,
		Salt - 5 g, White pepper powder - ½ g,
		Graded cheese - 25 g
	Instructions	
	Put mushrooms	on a plate fish aside. Drop oil on it(1). Start
	"	n as oven beeps, put a half of sour cream on a
	' '	the center) (2). Put cooked mushrooms on it. Put
		n it. Put around fish cut potato. Put on potato nue cooking process
	CHEESE(S). COHILI	ine cooking blocess

Code/Food	Serving size	Ingredients
9 Grilled salmon	150-170 g	Salmon steak with bone and skin - 200-250 g, Salt - 1 g,Lemon - 15 g (squeeze juice),Oil - 5 g
steak		ason, oil. Put it on a plate. Put the plate on the grill ng. As soon as oven beeps, upside down steak. oking process.
10 Chicken legs with prunes	325 g 2 pc.	Onion julienned - 15 g, Carrot julienned - 20 g, Chicken legs - 2 pc. (160-180 g), Prunes - 5-7 pc. (50 g), Chicken stock or water with dry concentrate - 150 ml
	Instructions Put onion and carrot into a plate. Put chicken legs on it, add prunes and the stock. Put the plate in microwave oven. Start cooking. As soon as oven beeps, upside down it and continue cooking process.	
11 Pork neck with mustard sauce	250 g	(1) Pork neck - 150 g, Carrot graded - 20 g, Onion julienned - 20 g, Chicken stock or water with dry concentrate - 100 ml (2) Mix for sauce: Wheat - 5 g, Dijon mustard - 20 g, Sour Cream - 30 g, Water - 50 ml
	Pour into a plate. for the mix for sa	tons, prepare vegetables.add chicken stock.(1) Mix well and start cooking. Prepare all ingredients uce(2). As soon as oven beeps, Pour the mix into mix it and continue cooking process.





Code/Food	Serving size	Ingredients
12 Trout	210-240 g	Butter - 5 g, Carrot julienned - 35 g, Onion julienned - 25 g, Garlic chopped -3 g,
baked with vegetables		Celery leaves chopped - 5 g, Trout - 1 pc- 220-250 g, Salt - 1 g, White pepper powder - ½ g, Butter - 5 g
	and celery on it.	the centre of wax paper. Put carrot, onion, garlic Put seasoned trout on vegetables. Grease butter . Cover it. Put it into microwave oven and start
13 Meatloaf with hard boiled	180 g	Minced meat (beef & pork) - 150 g, Hardboiled egg - 1 pc, Salt - 2 g, Black pepper powder - ½ g
egg	Instructions Add spice into meat and mix hard by hand. Roll meat into round form. Put in the center of meat round the egg. Cover the egg by meat from all side. Form it in arc form. Put it on a plate. Put the plate on the grill rack. Start cooking.	
14 Golubtci lenivye	225 g 2 pc.	(1) Meat ovals (a) Minced meat (beef & pork) - 120 g, Cooked regular rice - 25 g, Cabbage chopped - 25 g, Salt - 1- 2 g, Black pepper powder - ½ g (b) Onion julienned - 30 g, Beef stock or water with dry concentrate - 100 ml (2) Mix for sauce: Wheat - 5 g, Tomato paste - 10 g, Sour Cream - 30 g, Water - 50 ml
	Form it in two over ovals on it, add the cooking. Prepare as oven beeps, p	and spice into meat and mix hard by hand(a). als. Put onion into a bowl shaped plate. Put meat he stock(b). Put the plate on the grill rack. Start all ingredients for the Mix for sauce(2). As soon bour the mix into stock with meat ovals. Upside inue cooking process.

Code/Food	Serving size	Ingredients
15 Cutlets	114 g 2 pc	(1) White bread - 10 g, Milk - 15 ml (2) Pork & beef minced meat 120 g, Salt - 2 g, Black pepper - 1 g (3) Bread crumbs - 5 g
		ad(1). Mix it well with minced meat. orm it in two balls, cover with bread crumbs(3). Start cooking.
16 Baked potato	140-180 g 1-2 pc	Big size potato- 160-200 g,1 - 2 pc
		and prink the skin with fork. Put in microwave. It butter or sour cream or cheese or something
17 Ratatouille	260 g	Zucchini diced- 100 g, Carrot diced - 60 g, Bell pepper diced - 75 g, Onion diced - 45 g, Garlic chopped- 6 g, Tomato paste - 10 g, (Oregano and Basil to taste), Vegetables stock or water with dry concentrate - 150 ml
	Instructions Put all ingredients Mix well. Start co	s into a bowl shaped plate. (Add oregano & basil). ooking.
18 Russian old style fish	340 g	(1) Beetroot julienned - 30 g, Carrot julienned - 30 g, Onion julienned - 15 g, Fish\Chicken stock or water with dry concentrate - 200 ml (2) Mix for sauce: Wheat - 10 g, Tomato paste - 10 g, Sour cream - 30 g, Water - 50 ml (3) Carp or pike perch filet- 150 g, Bay leaf - 1 pc
	(1) Start cooking.	s into a bowl shaped plate add boiling stock. As soon as oven beep, stir in "mix for sauce" ck (2). Add fish and bay leaf (3). Continue cooking

(Continued)

English - 19







Code/Food	Serving size	Ingredients
19	370 g	Frozen pizza - 350 g
Frozen pizza	Instructions	-
	Put frozen pizza	with wax paper on the grill rack. Start cooking.
20	280 g	Salmon big diced- 350-370 g,
Salmon		Lemon - 25 g (squeeze juice), Salt - 5 g,
shashlik		Oil - 10 g, Parsley chopped - 10 g, Sticks.
		s and fish. Marinate 15-20 min. Put on sticks it.
21	260 g	Pork neck - 280 g cut in 4 pieces, Salt - 2 g,
Myaso po-		Black pepper powder - ½ g, Champignons slices- 45 g, Mayonnaise - 55 g
boyrski	Instructions	Silves- 40 g, Mayorirlaise - 30 g
		It meat on the plate. Put plate on the grill rack.
		s soon as oven beeps, put champignons on meat
		nayonaise. Continue cooking process.
22	180 g	Frozen puff pastry - 130 g, Filling: Salmon filet
Kulebyaka s		small diced - 100 g, Salt - 1 g, Pan fried onion
semgoy		diced-20 g, Hardboiled egg small diced - 30 g,
		Egg yolk - 1 pc for brushing
	Instructions	all the Orace data Afficially to a configuration of the Cities D. L.
		oll it to 2 mm thin. Mix all ingredients for filling. Put of pastry. Combine ends of the pastry together.
	"	me cuts. Brush it by egg yolk. Preheat the oven
		rmed pastry on a wax paper. Then put it on the
		poking. As soon as oven beeps, remove wax
	paper. Upside do	own formed pastry. Continue cooking process.

Code/Food	Serving size	Ingredients
23 Krupenik	224 g	(a) Custard cheese 9 %- 120-140 g, Sugar - 10-15 g, Salt - ½ g, Egg - ½ pc, Ready cooked buckwheat - 140 g (b) Butter - 5 g, Bread crumbs- 1-2 g (c) Sour cream - 30 g
		s(a). Put into buttered and covered with bread aped plate(b). Cover sour cream on top(c). Start
24 Chicken shashlik	280 g	Chicken leg filet-380 g, Tomato paste - 20 g, Salt - 5 g, Garlic chopped - 3 g, Oil - 7 g, Regular yogurt - 70 g Sticks
	Mix marinate with	n x 3 cm dices. Mix all ingredients for marinate. n chicken filet. Put on sticks it. Put it on the plate ack. Start cooking.
25 Bell pepper stuffed with meat	480-500 g 2 pc	(1) Bell pepper - 2 pc. per 80 g, Minced meat (beef & pork) 150-190 g (divide to two part), Cooked regular rice - 10-20 g, Salt - 5 g, Black pepper powder - ½ g, Beef stock or water with dry concentrate - 200 ml (2) Mix for sauce: Wheat - 5 g, Tomato paste - 10 g, Water - 50 ml
	Remove the cent meat. Put it into a Prepare all ingred	ninced meat. Season it and mix hard by hand. ter and seeds from the pepper. Stuff pepper by a bowl shaped plate add stock(1). Start cooking. dients for the Mix for sauce(2). As soon as oven mix into stock with stuffed pepper. Upside down it oking process.





Code/Food	Serving size	Ingredients	
26	265 g	(1) Meat balls	
Meat balls in tomato sauce	2 pc.	(a) White bread- 30 g, Milk - 35 ml, Minced meat (beef & pork) 130 g, Salt - 1- 2 g, Black pepper powder - ½ g (b) Onion julienned - 15 g, Carrot julienned - 30 g, Beef stock or water with dry concentrate - 100 ml (2) Mix for sauce: Wheat - 5 g, Tomato paste - 10 g, Water - 50 ml	
	Instructions	Torriato paste - 10 g, water - 30 mi	
	Put bread into milk. Add it inside minced meat. Season it and mix hard by hand(a). Form it in two balls. Put onion and carrot into a bowl shaped plate(b). Put meat balls on it, add the stock. Put the plate on the grill rack. Start cooking. Prepare all ingredients for the Mix for sauce(2). As soon as oven beeps, pour the mix into stock with meat balls. Upside down it and continue cooking process.		
27 Turkey steamed with vegetables	315 g	Turkey filet batons-150 g, Zucchini julienned - 50 , Onion julienned - 15 g, Carrot julienned - 20 g, Chicken stock or water with dry concentrate - 100 ml	
30	_	s into a bowl shaped plate add boiling stock.Start n as oven beeps, upside down it, mix veg and n process.	

USING THE HEALTHY COOKING FEATURE

With the Healthy Cooking feature, the cooking time is set automatically. You can select the food by pressing the **Healthy Cooking** button and **Up/Down** button the required number of times.

First, place the food in the centre of the turntable and close the door.

^	Диетическое меню Іт выбор	~	Press the Healthy Cooking button, and select the category by pressing Up/Down button. Vegetable/Grain Poultry/Fish Then press the select button to set up.		
^	Гт Выбор	~	2. Press the Up/Down button to select the food you want.		
	♦ CTAPT		3. Press the START button. Result: When it has finished: 1) The oven beeps four times. 2) The end reminder signal will beep 3 times. (once every minute) 3) The current time is displayed again.		

Use only recipients that are microwave-safe.





HEALTHY COOKING FEATURE/COOK

The following table presents Healthy Cooking feature/Cook Programmes, quantities, standing times and appropriate recommendations.

1. Vegetable/Grain

1. Vegetable/Grain				
Code/Food	Serving size	Instructions		
1-1 Broccoli	250 g	Rinse and clean fresh broccoli and prepare florets. Put them evenly into a glass bowl with lid. Add 30 ml (2 tbsp) water when cooking for 250 g. Put bowl in the centre of turntable. Cook covered. Stir after cooking. Stand for 1-2 minutes.		
1-2 Carrots	250 g	Rinse and clean carrots and prepare even slices. Put them evenly into a glass bowl with lid. Add 30 ml (2 tbsp) water when cooking for 250 g. Put bowl in the centre of turntable. Cook covered. Stir after cooking. Stand for 1-2 minutes.		
1-3 Green beans	250 g	Rinse and clean green beans. Put them evenly into a glass bowl with lid. Add 30 ml (2 tbsp) water when cooking 250 g. Put bowl in the centre of turntable. Cook covered. Stir after cooking. Stand for 1-2 minutes.		
1-4 Spinnach	150 g	Rinse and clean spinach. Put into a glass bowl with lid. Do not add water. Put bowl in the centre of turntable. Cook covered. Stir after cooking. Stand for 1-2 minutes.		
1-5 Corn on the	250 g	Rinse and clean corn on the cob and put into an oval glass dish. Cover with microwave cling film and pierce film. Stand for 1-2 minutes.		
1-6 Peeled potatoes	250 g	Wash and peel the potatoes and cut into a similar size. Put them into a glass bowl with lid. Add 45-60 ml (3-4 tbsp) water. Put bowl in the centre of turntable. Cook covered. Stand for 2-3 minutes.		

Code/Food	Serving size	Instructions
1-7 Brown rice	125 g	Use a large glass ovenware dish with lid. Add double quantity of cold water (250 ml). Cook covered. Stir before standing time and add salt and herbs. Stand for 5-10 minutes.
1-8 Wholemeal macaroni	125 g	Use a large glass ovenware dish with lid. Add 500 ml hot boiling water, a pinch of salt and stir well. Cook uncovered. Stir before standing time and drain thoroughly afterwards. Stand for 1 minutes.
1-9 Quinoa	125 g	Use a large glass ovenware dish with lid. Add double quantity of cold water (250 ml). Cook covered. Stir before standing time and add salt and herbs. Stand for 1-3 minutes.
1-10 Bulgur	125 g	Use a large glass ovenware dish with lid. Add double quantity of cold water (250 ml). Cook covered. Stir before standing time and add salt and herbs. Stand for 2-5 minutes.
1-11 Vegetable gratin	500 g	Put the vegetables, such as precooked potato slices, courgette slices and tomatoes and sauce into a suitable sized glass pyrex dish. Add grated cheese on top. Put dish on the rack. Stand for 2-3 minutes.
1-12 Grilled tomato	400 g	Rinse and clean tomatoes, cut them into halves and put in an ovenware dish. Add grated cheese on top. Put dish on rack. Stand for 1-2 minutes.





2. Poultry/Fish

E. i Outu y/i ion					
Code/Food	Serving size	Instructions			
2-1 Chicken breasts	300 g	Rinse pieces and put on a ceramic plate. Cover with microwave cling film. Pierce film. Put dish on turntable. Stand for 2 minutes.			
2-2 Turkey breasts	300 g	Rinse pieces and put on a ceramic plate. Cover with microwave cling film. Pierce film. Put dish on turntable. Stand for 2 minutes.			
2-3 Fresh fish fillets	300 g	Rinse fish and put on a ceramic plate, add 1 tbsp lemon juice. Cover with microwave cling film. Pierce film. Put dish on turntable. Stand for 1-2 minutes.			
2-4 Fresh salmon fillets	300 g	Rinse fish and put on a ceramic plate, add 1 tbsp lemon juice. Cover with microwave cling film. Pierce film. Put dish on turntable. Stand for 1-2 minutes.			
2-5 Fresh prawns	250 g	Rinse prawns on a ceramic plate, add 1 tbsp lemon juice. Cover with microwave cling film. Pierce film. Put dish on turntable. Stand for 1-2 minutes.			
2-6 Fresh trout	200 g	Put 2 fresh whole fish into an ovenproof dish. Add a pinch salt, 1 tbsp lemon juice and herbs. Cover with microwave cling film. Pierce film. Put dish on turntable. Stand for 2 minutes.			
2-7 Roast fish	200 g	Brush skin of whole fish (trout or gilthead) with oil and add herbs and spices. Put fish side by side, head to tail on the high rack. Turnover, as soon as the beep sounds. Stand for 3 minutes.			
2-8 Grilled salmon steaks	300 g	Put fish steaks evenly on the high rack. Turnover, as soon as the beep sounds. Stand for 2 minutes.			

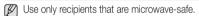
USING THE SOUP/DRINKS FEATURE

With the Soup/Drinks feature, the cooking time is set automatically.

You can select the food by pressing the **Soup/Drinks** button and **Up/Down** button the required number of times.

First, place the food in the centre of the turntable and close the door.

^	Суп/каша Напитки Выбор	>	 Press the Soup/Drinks button, and select the category by pressing Up/Down button. Soup Drinks Then press the select button to set up.
^	р т Выбор	~	2. Press the Up/Down button to select the food you want.
	♦ CTAPT		 Press the START button. Result: When it has finished: 1) The oven beeps four times. 2) The end reminder signal will beep 3 times. (once every minute) 3) The current time is displayed again.







SOUP/DRINKS FEATURE/COOK

The following table presents Soup/Drinks feature/Cook Programmes, quantities, standing times and appropriate recommendations.

1. Soup/Drinks

1. 30up/ DTIIIk3				
Code/Food	Serving size	Ingredients		
1-1 Porridge	260 g	Dry Russian porridge «Hercules» - 50 g, Sugar - 5 g, Salt - 0,5 g, Boiling water - 200 ml, Cold Milk - 100 ml		
		vl shaped plate dry porridge, sugar, salt. rater, milk, mix well. Start cooking.		
1-2 Meat solyanka	340 g	(1) Onion julienned - 45 g, Beef stock or water with dry concentrate - 350 ml (2) Capers - 7 g, Salted cucumber graded - 50 g, Tomato paste - 10 g, Black Olives - 16 g, Liquid of Black Olives - 20 ml, Bay leaf -1 pc, Meat assorted - 30 g, Beef stock or water with dry concentrate - 350 ml		
	As soon as o	a big bowl, add boiling stock(1). Start cooking. ven beeps, add all next ingredients(2). stock, bay leaf and continue cooking process.		
1-3 Borch	340 g	(1) Beetroot graded - 50 g, Cabbage julienned - 20 g, Carrot graded -15 g, Onion c julienned - 10 g, Tomato paste- 15 g, Sugar- 5 g (2) Beef stock or water with dry concentrate - 650 ml, Bay leaf -1 pc, Russian vinegar 9 %- 5 ml if you like		
	Instructions Put all ingredients into a big bowl (1), add hot stock and start cooking. As soon as oven beeps, add bay leaf. Mix well and continue cooking process.			

Code/Food	Serving size	Ingredients
1-4 Chicken noodle soup	350 g	Vermicelli - 10 g, Chicken filet - 50 g, Carrot graded - 15 g, Onion julienned - 10 g, Chicken stock or water with dry concentrate - 440 ml
		into a big bowl, add boiling stock. ngredients. Mix well and start cooking.
1-5 Schi	350 g	(1) Cabbage julienned - 45 g, Carrot graded - 15 g, Onion julienned - 10 g, Potato batons - 25 g, Tomato paste - 10 g, Beef stock or water with dry concentrate - 400 ml (2) Beef stock or water with dry concentrate - 100 ml, Bay leaf -1 pc
	As soon as or	ients(1) into a big bowl, add boiling stock. Start cooking. ven beeps, mix well, add stock, bay leaf(2). cooking process.
1-6 Vegetable	350 g	Frozen vegetables - 150 g, Vegetable stock or water with dry concentrate - 300 ml
soup	Instructions Put all ingredi	ients into a big bowl, add boiling stock. Start cooking.
1-7 Korean	120 g (1 package)	Korean Ramen 1 package, Water (Room temperature) - 550 ml
ramen	microwave-sa	ckage and put noddle, all soup and water (550 ml) in afe bowl. Stir well. Cover with cling film and pierce at . Put them into microwave and start cooking.





Code/Food	Serving size	Ingredients		
1-8 Soup with pelmeni	185 g (15 pc)	Frozen Pelmeni - 15 pc (10-12 g one piece), Chicken stock or water with dry concentrate - 400 ml, Whole black pepper - 3-5 pc., Bay leaf - 1 pc.		
	Instructions Put all ingredients into a big bowl plate, add boiling stock. As soon as oven beeps, mix upside down. Cover with a plastic bowl shaped lid. Start cooking.			
1-9	200 g	Buckwheat - 100 g, Salt - 2 g, Boiling water - 300 ml		
Buckwheat	Instructions Put into a bowl shaped plate buckwheat, salt. Add boiling water, mix well. Start cooking.			

2. Drinks

Code/Food	Serving size	Ingredients		
2-1 Tea with	200-250 ml	Water - 200 ml, Tea leaves - 0.5 Tsp., Lemon - 1 slice, Mint - several leaves		
lemon and mint	Instructions Add tea leaves, 1 slice of lemon and mint leaves into water. Heat uncovered. Leave it to stand in the oven. Be careful while taking the cup out. Strain.			
2-2 Mulled wine	150-200 ml	Dry red wine - 150 ml, Orange - 20 g, Lemon - 10 g, Sugar - 10 g, Cinnamon - 1 stick, Clove - 1 g		
(glintwein)		ents. Heat uncovered. Do not boil. and in the oven. Be careful while taking the cup out.		

Code/Food	Serving size	Ingredients		
2-3 Tea with	200-250 ml	Water - 200 ml, Cinnamon - 1/2 tea spoon, Honey - 1 tea spoon		
cinnamon and honey	Instructions Add cinnamon to water. Heat uncovered. Leave it to stand in the oven. Be careful while taking the cup out. Cool down till it's warm. Add honey.			
2-4 Tea with milk and cardamom	200-250 ml	Tea leaves - 1 tea spoon, Milk - 100 ml, Water - 100 ml, Ginger - 1/2 tea spoon, Cardamom - 1 pcs, Cinnamon - 1/2 tea spoon, Sugar - 2		
(masala)	Instructions Mix water and milk and add mix of spices, tea leaves. Heat uncovered. Leave it to stand in the oven. Be careful while taking the cup out. Strain.			
2-5 Berry drink	200-250 ml	Water - 200 ml, Sugar - to your taste, Fresh berries - 1 Tbsp.		
		nto water and add sugar to your taste. Heat uncovered. and in the oven. Be careful while taking the cup out.		
2-6 Tea with	200-250 ml	Water - 200 ml, Sugar - to your taste, Lemon - 1 slice, Ginger – to your taste, Tea leaves - 0,5 Tsp.		
ginger and lemon	your taste. He	es into water and add a slice of lemon and filter ginger to eat uncovered. Leave it to stand in the oven. oile taking the cup out.		







English - 25



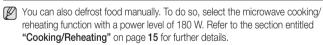
Code/Food	Serving size	Ingredients		
2-7	200-250 ml	Milk - 200 ml, Sugar - 2 Tsp., Cacao - 1 Tsp.		
Cocoa	Instructions Add cacao and sugar into milk. Heat uncovered. Leave it to stand in the oven. Be careful while taking the cup out.			
2-8 Hot chocolate	350-400 ml	Dark chocolate - 100 g, Milk or cream (10 %) - 250 ml, Water - 1-2 table spoons, Sugar - to your taste, Whipped cream - to your taste		
	Instructions Grind the chocolate. Add water and milk and mix. Beat up the mixture. Heat uncovered. Leave it to stand in the oven. Be careful while taking the cup out.			
2-9	200 ml	Frozen cranberry - 40 g, Sugar - 30 g, Water - 200 ml		
Cranberry mors	Instructions Frozen cranberry cut by mincer. Put all ingredients into a bowl. Start cooking. Cool and strain.			
2-10 Dry fruit compote	200 ml	Dry apricot – 25 g, Prune - 20g, Dry apple - 15 g, Sugar - 10g, Lemon acid - 2 dash, Boiling water - 450 ml		
	Instructions Put all ingredients into a big bowl, add boiling water. Start cooking.			

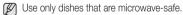
USING THE AUTO RAPID DEFROST FEATURE

The Auto Rapid Defrost feature enables you to defrost meat, poultry, fish, fruit/berry. The defrost time and power level are set automatically. You simply select the programme and the weight.

First, place the frozen food in the centre of the turntable and close the door.

** ОО Ускоренная разморозка	1.	Press the Rapid Defrost button.
∕ № У	2.	Select the type of food that you are cooking by pressing the Up/Down button. Refer to the table on the following page for a description of the various pre-programmed settings. At that time, press the Select button to select the type of food. Select the size of the serving by pressing the Up/Down button.
	4.	Press the START button. Result: Defrosting begins.
♦ CTAPT	5.	The oven beeps halfway through defrosting to remind you to turn the food over. Press the START button again to continue defrosting. When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.













AUTO RAPID DEFROST SETTINGS

The following table presents the various Auto Rapid Defrost programmes, quantities, standing times and appropriate recommendations.

Remove all kinds of package material before defrosting. Place meat, poultry, fish and fruit/Berry on a ceramic plate.

Code/Food	Serving size	Instructions
1 Meat	200-1500 g	Shield the edges with aluminium foil. Turn the meat over when the oven beeps. This programme is suitable for beef, lamb, pork, steaks, chops and minced meat. Stand for 10-30 minutes.
2 Poultry	200-1500 g	Shield the leg and wing tips with aluminium foil. Turn the poultry over when the oven beeps. This programme is suitable for whole chicken and chicken portions. Stand for 10-30 minutes.
3 Fish	200-1500 g	Shield the tail of the whole fish with aluminium foil. Turn the fish over when the oven beeps. This programme is suitable for whole fishes and fish fillets. Stand for 10-30 minutes.
4 Fruit/Berry	100-600 g	Spread fruits evenly into a flat glass dish. This programme is suitable for all kind of fruits. Stand for 5-30 minutes.

Select the Manual Defrosting function with a power level of 180 W if you want to defrost food manually. For further details on manual defrosting and defrosting time, refer to the page 38.

USING THE KEEP WARM FEATURES

The Keep Warm features keeps food hot until it's served. Use this function to keep food warm until ready to serve.

You can select warming temperature either hot or mild by pressing the **Up/Down** button.

Поддержание тепла	1. Press the Keep Warm button.
Л Выбор У	2. Select the warming temperature by pressing the Up/Down button. 1. Hot 2. Mild
♦ CTAPT	 Press the START button. Result: The food is cooked according to the preprogrammed setting selected. When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.

Recommend Keep Warm mode menu

1. Hot	Lasagne, Soup, Gratin, Casserole, Pizza, Steak (Well done), Bacon, Fish dishes, Dry cakes
2. Mild	Pie, Bread, Egg Dishes, Steak (Rare or Midium rare)

on tuse this function to reheat cold foods. This programmes are for keeping food warm that has just been cooked.

Do not recommend food being kept warm for too long (more than 1 hour), as it will continue to cook. Warm food spoils more quickly.

Do not cover with lids or plastic wrap.

Use oven gloves when taking out food.



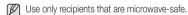


USING THE SOFTEN/MELT FEATURES

With the Soften/Melt feature, the cooking time is set automatically. You can select the food by pressing **Soften/Melt** button and **Up/Down** button the required number of times.

First, place the food in the center of the turntable and close the door.

Растапливание Ли Выбор	Press the Soften/Melt button, and select the category by pressing Up/Down button. Then press the select button to set up.
<u>∫</u> М ∨	2. Press the Up/Down button to select the food you want.
♦ CTAPT	3. Press the START button. Result: The food is cooked according to the preprogrammed setting selected. • When cooking has finished, the oven will beep and flash "End" 4 times. The oven will then beep one time per minute.



SOFTEN/MELT FEATURE/COOK

The following table present Soften/Melt programmes, quantities, standing times and appropriate recommendations.

Code/Food	Serving size	Directions		
1 Melting Butter	50 g 100 g	Cut butter into 3 or 4 pieces and Put them on small glass bowl. Melt uncovered. Stir after cooking. Stand for 1-2 minutes.		
2 Melting Dark Chocolate	50 g 100 g	Grate dark chocolate and put in small glass bowl. Melt uncovered. Stir after melting. Stand for 1-2 minutes.		
3 Melting Sugar	25 g 50 g	Put sugar on small glass bowl. Add 10 ml water for 25 g and add 20 ml water for 50 g. Melt uncovered. Take out carefully, use oven gloves! Use spoon or fork and pour caramel decorations on baking paper. Let stand for 10 minutes until dry and remove from paper.		
4 Soften Butter	50 g 100 g	Cut butter into 3 or 4 pieces and Put them in small glass bowl. Soften uncovered. Stir after cooking. Stand for 1-2 minutes.		







GRILLING

The grill enables you to heat and brown food quickly, without using microwaves. For this purpose, a grill rack is supplied with your microwave oven.

Гриль	Preheat the grill to the required temperature, by pressing the Grill button and set the preheat time by pressing the Up/Down button.
♦ CTAPT	2. Press the START button.
	3. After preheating is finished, Open the door and place the food on the rack.
∭ Гриль	4. Press the Grill button.
∕ № М	Set the Grilling time by pressing the Up/Down button. The maximum grilling time is 60 minutes.
♦ CTAPT	6. Press the START button. Result: Grilling cooking start. When it has finished. 1) The oven beeps 4 times. 2) The end reminder signal will beep 3 times (once every minute). 3) The current time is displayed again.

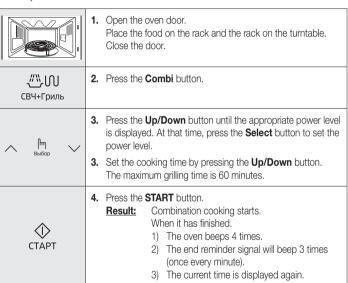
- Do not worry if the heater turns off and on while grilling.

 This system is designed to prevent overheating of the oven.
- Always use oven gloves when touching the dishes in the oven, as they will be very hot.

COMBINING MICROWAVES AND THE GRILL

You can also combine microwave cooking with the grill, to cook quickly and brown at the same time.

- **ALWAYS** use microwave-safe and oven-proof cookware. Glass or ceramic dishes are ideal as they allow the microwaves to penetrate the food evenly.
- **ALWAYS** use oven gloves when touching the recipients in the oven, as they will be very hot.



- The maximum microwave power for the combined microwave and grill mode is 600 W.
- Select the appropriate power level by pressing the Up/Down button again until the corresponding power level is displayed.
- You cannot set the temperature of the grill.





USING THE CRUSTY PLATE FEATURES (GE83DTRQ* MODELS ONLY)

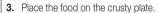
This crusty plate allows you to brown food not only on the top with the grill, but also the bottom of the food turns crispy and brown due to the high temperature of the crusty plate. Several items which you can prepare on the crusty plate can be found in the chart (see side page).

The crusty plate can also be used for bacon, eggs, sausages, etc.



- 2. Brush the plate with oil if you are cooking food, such as bacon and eggs, in order to brown the food nicely.







- 4. Place the crusty plate on the metal rack (or turntable) in the microwave.
- **5.** Select the appropriate cooking time and power. (Refer to the table on the side)
- Always use oven gloves to take out the crusty plate, as will become very hot.
- Please note that the crusty plate has a teflon layer which is not scratch-resistant. Do not use any sharp objects like a knife to cut on the crusty plate.
- Use plastic accessories to avoid scratches on the surface of the crusty plate or remove the food from the plate before cutting.
- on to place any objects on the crusty plate that are not heat-resistant; e.g. plastic bowels.
- Never place the crusty plate in the oven without turntable.

Mow to clean the Crusty Plate

Clean the crusty plate with warm water and detergent and rinse off with clean water. Do not use a scrubbing brush or a hard sponge otherwise the top layer will be damaged.

Please Note

The crusty plate is not dishwasher-safe.

MANUAL CRUSTY COOK PROGRAMMES

We recommend to preheat the crusty plate directly on the turntable.

Preheat crusty plate with 600 W + Grill (""")) function for 3-5 minutes.

Follow the times and instructions in the table.

Food	Portion	Power	Preheating time (min.)	Cooking time (min.)
Bacon	4 slices (80 g)	600 W + Grill ∰W	3	3½-4
	Recommendations Preheat crusty plate. Put slices side by side on crusty plate. Put crusty plate on the rack.			
Grilled Tomatoes	pes 200 g (2 pcs) 450 W + Grill		3	4½-5
	Recommendations Preheat crusty plate. Cut tomatoes in halves. Put some cheese on top. Arrange in a circle on crusty plate. Put crusty plate on the rack.			
Burger (frozen)	2 pieces (125 g) 600 W + Grill 3 7-			
	Recommendations			
	Preheat crusty plate. Put frozen burger in a circle on crusty plate. Put crusty plate on the rack. Turn over after 4-5 min.			sty plate.





Food	Portion	Power	Preheating time (min.)	Cooking time (min.)
Baguettes (frozen)	200-250 g (2 pcs)	450 W + Grill .∰.w	4	8-9
	Recommendations Preheat crusty plate. Put 1 baguette beside the centre, 2 baguettes side by side on the plate. Put crusty plate on rack.			
Pizza (frozen)	300-350 g	600 W + Grill ക്ക്ഡ	4	9-10
	Recommendations Preheat crusty plate. Put the frozen pizza on the crusty plate. Put crusty plate on the rack.			
Baked Potatoes	250 g 500 g	600 W + Grill ∰W	3	5-6 8-9
	Recommendations Preheat crusty plate. Cut potatoes in halves. Put them on the crusty plate with the cut side to the bottom. Arrange in a circle. Put the plate on the rack.			
Fish Fingers (frozen)	150 g (5 pcs) 300 g (10 pcs)	600 W + Grill ∰W	4	7-8 9-10
	Recommendations Preheat crusty plate. Brush plate with 1 tbsp. oil. Put fish fingers in a circle on the plate. Turn over after 4 min (5 pc) or after 6 min (10 pc).			
Chicken Nuggets (frozen)	125 g 250 g	600 W + Grill ∰W	4	5-5½ 7½-8
	Recommendations Preheat crusty plate. Brush plate with 1 tbsp. Put chicken nuggets on the plate. Put crusty plate on the rack. Turn over after 3 min (125 g) or 5 min (250 g).			

Food	Portion	Power	Preheating time (min.)	Cooking time (min.)
Pizza (chilled)	300-350 g	450 W + Grill ∰w	4	6½-7½
	Recommendation Preheat crust plate. Put crust plate on ra			









CHOOSING THE ACCESSORIES

Use microwave-safe recipients; do not use plastic containers, dishes, paper cups, towels, etc.



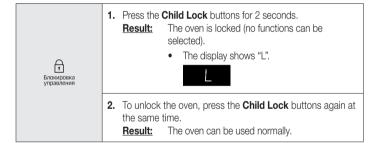
If you wish to select the combined cooking mode (grill and microwave), use only dishes that are microwave-safe and oven-proof

For further details on suitable cookware and utensils, refer to the "cookware guide" on page 33.

SAFETY-LOCKING YOUR MICROWAVE OVEN

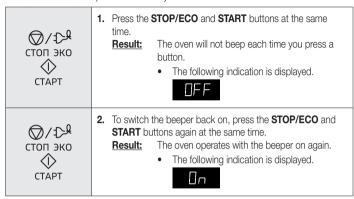
Your microwave oven is fitted with a special Child Safety programme, which enables the oven to be "locked" so that children or anyone unfamiliar with it cannot operate it accidentally.

The oven can be locked at any time.



SWITCHING THE BEEPER OFF

You can switch the beeper off whenever you want.



USING THE DEODORISATION FEATURES

Use this features after cooking odorous food or when there is a lot of smoke in the oven interior. First clean the oven interior.



Press the **Deodorisation** button, and press the start button after you have finished cleaning. You will hear four beeps when it has finished.

- The deodorisation time has been specified as 5 minutes. It increases by 30 seconds whenever the **+30s** button is pressed.
- The maximum deodorisation time is 15 minutes.







cookware guide

To cook food in the microwave oven, the microwaves must be able to penetrate the food, without being reflected or absorbed by the dish used.

Care must therefore be taken when choosing the cookware. If the cookware is marked microwave-safe, you do not need to worry.

The following table lists various types of cookware and indicates whether and how they should be used in a microwave oven.

Cookware	Microwave- safe	Comments	
Aluminum foil	√ X	Can be used in small quantities to protect areas against overcooking. Arcing can occur if the foil is too close to the oven wall or if too much foil is used.	
Browning plate	/	Do not preheat for more than eight minutes.	
China and earthenware	1	Porcelain, pottery, glazed earthenware and bone china are usually suitable, unless decorated with a metal trim.	
Disposable polyester cardboard dishes	1	Some frozen foods are packaged in these dishes.	
Fast-food packaging			
 Polystyrene cups containers 	1	Can be used to warm food. Overheating may cause the polystyrene to melt.	
 Paper bags or newspaper 		May catch fire.	
Recycled paper or metal trims	Х	May cause arcing.	

Cookware	Microwave- safe	Comments	
Glassware			
Oven-to-table ware	1	Can be used, unless decorated with a metal trim.	
Fine glassware	✓	Can be used to warm foods or liquids. Delicate glass may break or crack if heated suddenly.	
Glass jars	1	Must remove the lid. Suitable for warming only.	
Metal			
 Dishes 	Х	May cause arcing or fire.	
 Freezer bag twist ties 	×		
Paper			
 Plates, cups, napkins and Kitchen paper 	1	For short cooking times and warming. Also to absorb excess moisture.	
Recycled paper	×	May cause arcing.	
Plastic		, ,	
Containers	✓	Particularly if heat-resistant thermoplastic. Some other plastics may warp or discolour at high temperatures. Do not use Melamine plastic.	
Cling film	✓	Can be used to retain moisture. Should no touch the food. Take care when removing the film as hot steam will escape.	
Freezer bags	√ X	Only if boilable or oven-proof. Should not be airtight. Prick with a fork, if necessary.	
Wax or grease- proof paper	1	Can be used to retain moisture and prevent spattering.	

/: Recommended $/\chi$: Use Caution χ : Unsafe

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cooking guide

MICROWAVES

Microwave energy actually penetrates food, attracted and absorbed by its water, fat and sugar content.

The microwaves cause the molecules in the food to move rapidly. The rapid movement of these molecules creates friction and the resulting heat cooks the food.

COOKING

Cookware for microwave cooking:

Cookware must allow microwave energy to pass through it for maximum efficiency. Microwaves are reflected by metal, such as stainless steel, aluminium and copper, but they can penetrate through ceramic, glass, porcelain and plastic as well as paper and wood. So food must never be cooked in metal containers.

Food suitable for microwave cooking:

Many kinds of food are suitable for microwave cooking, including fresh or frozen vegetables, fruit, pasta, rice, grains, beans, fish, and meat. Sauces, custard, soups, steamed puddings, preserves, and chutneys can also be cooked in a microwave oven. Generally speaking, microwave cooking is ideal for any food that would normally be prepared on a hob. Melting butter or chocolate, for example (see the chapter with tips, techniques and hints).

Covering during cooking

To cover the food during cooking is very important, as the evaporated water rises as steam and contributes to cooking process. Food can be covered in different ways: e.g. with a ceramic plate, plastic cover or microwave suitable cling film.

Standing times

After cooking is over food the standing time is important to allow the temperature to even out within the food.

Cooking guide for frozen vegetables

Use a suitable glass pyrex bowl with lid. Cook covered for the minimum time - see table. Continue cooking to get the result you prefer.

Stir twice during cooking and once after cooking. Add salt, herbs or butter after cooking. Cover during standing time.

Food	Serving size	Power	Time (min.)	
Spinach	150 g	600 W	4½-5½	
	Instructions Add 15 ml (1 tbsp) cold water. Stand for 2-3 minutes.			
Broccoli	300 g	600 W	9-10	
	Instructions Add 30 ml (2 tbsp) co	old water. Stand for 2-3	3 minutes.	
Peas	300 g 600 W 7½-8½			
	Instructions Add 15 ml (1 tbsp) cold water. Stand for 2-3 minutes.			
Green Beans	300 g 600 W 8-9			
	Instructions Add 30 ml (2 tbsp) cold water. Stand for 2-3 minutes.			
Mixed	300 g	600 W	7½-8½	
Vegetables (Carrots/Peas/ Corn)	Instructions Add 15 ml (1 tbsp) cold water. Stand for 2-3 minutes.			
Mixed	300 g 600 W 8-9			
Vegetables (Chinese Style)	Instructions Add 15 ml (1 tbsp) cold water. Stand for 2-3 minutes.			









Cooking Guide for rice and pasta

Rice: Use a large glass pyrex bowl with lid - rice doubles in volume during

cooking. Cook covered.

After the cooking time is over, stir before standing time and salt or add

herbs and butter.

Remark: the rice may not have absorbed all water after the cooking time

is finished.

 $\underline{\textbf{Pasta:}} \qquad \text{Use a large glass pyrex bowl. Add boiling water, a pinch of salt and stir}$

well. Cook uncovered.

Stir occasionally during and after cooking. Cover during standing time and drain thoroughly afterwards

and drain thoroughly afterwards.					
Food	Serving size	Power	Time (min.)		
White Rice	250 g	800 W	16-17		
(Parboiled)	Instructions Add 500 ml cold water. Stand for 5 minutes.				
Brown Rice	250 g	800 W	21-22		
(Parboiled)	Instructions				
	Add 500 ml cold water. Stand for 5 minutes.				
Mixed Rice	250 g	800 W	17-18		
(Rice + Wild Rice)	Instructions				
	Add 500 ml cold water. Stand for 5 minutes.				
Mixed Corn	250 g	800 W	18-19		
(Rice + Grain)	Instructions Add 400 ml cold water. Stand for 5 minutes.				
Pasta	250 g	800 W	11-12		
	Instructions Add 1000 ml hot water. Stand for 5 minutes.				

Cooking Guide for fresh vegetables

Use a suitable glass pyrex bowl with lid. Add 30-45 ml cold water (2-3 tbsp) for every 250 g unless another water quantity is recommended – see table. Cook covered for the minimum time – see table. Continue cooking to get the result you prefer. Stir once during and once after cooking. Add salt, herbs or butter after cooking.

Cover during a standing time of 3 minutes.

Hint: Cut the fresh vegetables into even sized pieces. The smaller they are cut, the quicker they will cook.

	the quieter they will excert				
Food	Serving size	Power	Time (min.)		
Broccoli	250 g 500 g	800 W	4-4½ 7-7½		
	Instructions Prepare even sized florets. Arrange the stems to the centre. Stand for 3 minutes.				
Brussels Sprouts	250 g	800 W	5½-6½		
	Instructions Add 60-75 ml (4-5 tbsp) water. Stand for 3 minutes.				
Carrots	250 g	800 W	4½-5		
	Instructions Cut carrots into even sized slices. Stand for 3 minutes.				
Cauliflower	250 g 500 g	800 W	5-5½ 8½-9		
	Instructions Prepare even sized florets. Cut big florets into halves. Arrange stems to the centre. Stand for 3 minutes.				
Courgettes	250 g	800 W	3½-4		
	Instructions Cut courgettes into slices. Add 30 ml (2 tbsp) water or a knob of butter. Cook until just tender. Stand for 3 minutes.				

(Continued)





Food	Serving size	Power	Time (min.)
Egg Plants	250 g	800 W	3½-4
	Instructions Cut egg plants into small slices and sprinkle with 1 tbsp lemon juice. Stand for 3 minutes.		
Leeks	250 g	800 W	4½-5
	Instructions Cut leeks into thick slices. Stand for 3 minutes.		
Mushrooms	125 g 250 g	800 W	1½-2 3-3½
	Instructions Prepare small whole or sliced mushrooms. Do not add any water. Sprinkle with lemon juice. Spice with salt and pepper. Drain before serving. Stand for 3 minutes.		
Onions	250 g	800 W	5½-6
	Instructions Cut onions into slices or halves. Add only 15 ml (1 tbsp) water. Stand for 3 minutes.		
Pepper	250 g	800 W	4½-5
	Instructions Cut pepper into small slices. Stand for 3 minutes.		
Potatoes	250 g 500 g	800 W	4-5 7½-8½
	Instructions Weigh the peeled potatoes and cut them into similar sized halves or quarters. Stand for 3 minutes.		
Turnip Cabbage	250 g	800 W	5-51/2
Turnip Cabbage	halves or quarters. Si 250 g Instructions	tand for 3 minutes.	5

REHEATING

Your microwave oven will reheat food in a fraction of the time that conventional ovens hobs normally take.

Use the power levels and reheating times in the following chart as a guide. The times in the chart consider liquids with a room temperature of about +18 to +20 °C or a chilled food with a temperature of about +5 to +7 °C.

Arranging and covering

Avoid reheating large items such as joint of meat – they tend to overcook and dry out before the centre is piping hot. Reheating small pieces will be more successful.

Power levels and stirring

Some foods can be reheated using 800 W power while others should be reheated using 600 W. 450 W or even 300 W.

Check the tables for guidance. In general, it is better to reheat food using a lower power level, if the food is delicate, in large quantities, or if it is likely to heat up very quickly (mince pies, for example).

Stir well or turn food over during reheating for best results. When possible, stir again before serving.

Take particular care when heating liquids and baby foods. To prevent eruptive boiling of liquids and possible scalding, stir before, during and after heating. Keep them in the microwave oven during standing time. We recommend putting a plastic spoon or glass stick into the liquids. Avoid overheating (and therefore spoiling) the food.

It is preferable to underestimate cooking time and add extra heating time, if necessary.

Heating and standing times

When reheating food for the first time, it is helpful to make a note of the time taken – for future reference.

Always make sure that the reheated food is piping hot throughout.

Allow food to stand for a short time after reheating - to let the temperature even out.

The recommended standing time after reheating is 2-4 minutes, unless another time is recommended in the chart.

Take particular care when heating liquids and baby food. See also the chapter with the safety precautions.





REHEATING LIQUIDS

Always allow a standing time of at least 20 seconds after the oven has been switched off to allow the temperature to even out. Stir during heating, if necessary, and ALWAYS stir after heating. To prevent eruptive boiling and possible scalding, you should put a spoon or glass stick into the beverages and stir before, during and after heating.

Reheating Liquids and Food

Use the power levels and times in this table as a guide lines for reheating.

Food	Serving size	Power	Time (min.)		
Drinks (Coffee, Tea and Water)	150 ml (1 cup) 250 ml (1 mug)	800 W	1-1½ 1½-2		
	Instructions Pour into cup and reheat uncovered. Put cup/ mug in the centre of turntable. Keep in microwave oven during standing time and stir well. Stand for 1-2 minutes.				
Soup (Chilled)	250 g	800 W	3-31/2		
	Instructions Pour into a deep ceramic plate. Cover with pierced cling film. Stir well after reheating. Stir again before serving. Stand for 2-3 minutes.				
Stew (Chilled)	350 g 600 W 5½-6½				
	Instructions Put stew in a deep ceramic plate. Cover with pierced cling film. Stir occasionally during reheating and again before standing and serving. Stand for 2-3 minutes.				
Pasta with	350 g 600 W 4½-5½				
Sauce (Chilled)	Instructions Put pasta (e.g. spaghetti or egg noodles) on a flat ceramic plate. Cover with microwave cling film. Stir before serving. Stand for 3 minutes.				

Food	Serving size	Power	Time (min.)	
Filled Pasta with	350 g	600 W	5-6	
Sauce (Chilled)	Instructions Put filled pasta (e.g. ravioli, tortellini) in a deep ceramic plate. Cover with plastic lid. Stir occasionally during reheating and again before standing and serving. Stand for 3 minutes.			
Plated Meal	350 g 600 W 5½-6½			
(Chilled)	Instructions Plate a meal of 2-3 chilled components on a ceramic dish. Cover with microwave cling-film. Stand for 3 minutes.			







REHEATING BABY FOOD

BABY FOOD: Empty into a deep ceramic plate. Cover with plastic lid. Stir well after reheatino!

Let stand for 2-3 minutes before serving. Stir again and check the temperature. Recommended serving temperature: between 30-40 °C.

BABY MILK: Pour milk into a sterilised glass bottle. Reheat uncovered. Never heat a baby's bottle with teat on, as the bottle may explode if overheated. Shake well before standing time and again before serving! Always carefully check the temperature of baby milk or food before giving it to the baby. Recommended serving temperature: ca. 37 °C.

REMARK:

Baby food particularly needs to be checked carefully before serving to prevent burns. Use the power levels and times in the next table as a guide lines for reheating.

Reheating baby food and milk

Use the power levels and times in this table as guide lines for reheating.

Food	Serving size	Power	Time			
Baby Food	190 g	600 W	30 sec.			
(Vegetables + Meat)	Instructions Empty into ceramic deep plate. Cook covered. Stir after cooking time. Before serving, stir well and check the temperature carefully. Stand for 2-3 minutes.					
Baby Porridge	190 g 600 W 20 sec.					
(Grain + Milk + Fruit)	Instructions Empty into ceramic deep plate. Cook covered. Stir after cookir time. Before serving, stir well and check the temperature carefully. Stand for 2-3 minutes.					
Baby Milk	100 ml	300 W	30-40 sec.			
	200 ml	200 ml 50 sec. to 1 min				
	Instructions Stir or shake well and pour into a sterilized glass bottle. Place into the centre of turn-table. Cook uncovered. Shake well and stand for at least 3 minutes. Before serving, shake well and check the temperature carefully. Stand for 2-3 minutes.					

MANUAL DEFROSTING

Microwaves are an excellent way of defrosting frozen food. Microwaves gently defrost frozen food in a short period of time. This can be of great advantage, if unexpected quests suddenly show up.

Frozen poultry must be thoroughly thawed before cooking. Remove any metal ties and take it out of any wrapping to allow thawed liquid to drain away.

Put the frozen food on a dish without cover. Turn over half way, drain off any liquid and remove any giblets as soon as possible.

Check the food occasionally to make sure that it does not feel warm.

If smaller and thinner parts of the frozen food start to warm up, they can be shield by wrapping very small strips of aluminium foil around them during defrosting.

Should poultry start to warm up on the outer surface, stop thawing and allow it to stand for 20 minutes before continuing.

Leave the fish, meat and poultry to stand in order to complete defrosting. The standing time for complete defrosting will vary depending on the quantity defrosted. Please refer to the table below.

Hint:

Flat food defrosts better than thick and smaller quantities need less time than bigger ones. Remember this hint while freezing and defrosting food.

For defrosting of frozen food with a temperature of about -18 to -20 $^{\circ}$ C, use the following table as a guide.

Food	Serving size	Power	Time (min.)		
Meat					
Minced Beef	250 g	180 W	61/2-71/2		
	500 g		10-12		
Pork Steaks	250 g	180 W	7½-8½		
	Instructions				
	Place the meat on a f	Place the meat on a flat ceramic plate.			
	Shield thinner edges with aluminium foil.				
	Turn over after half of defrosting time!				
	Stand for 5-25 minute	es.			





Food	Serving size	Power	Time (min.)		
Poultry					
Chicken Pieces	500 g (2 pcs)	180 W	14½-15½		
Whole Chicken	900 g	180 W	28-30		
	breast-side-down on Shield the thinner part	First, put chicken pieces first skin-side down, whole chicken first breast-side-down on a flat ceramic plate. Shield the thinner parts like wings and ends with aluminium foil. Turn over after half of defrosting time!			
Fish					
Fish Fillets	250 g (2 pcs) 180 W 6-7 400 g (4 pcs) 12-13				
	Arrange the thinner parts under the thicker parts. Shield narrow ends with aluminium foil. Turn over after half of defrosting time! Stand for 5-15 minutes.				
Fruits					
Berries	250 g	250 g 180 W 6-7			
	Instructions Distribute fruits on a flat, round glass dish (with a large diameter). Stand for 5-10 minutes.				
Bread					
Bread Rolls (each about 50 g)	2 pcs 4 pcs	180 W	½-1 2-2½		
Toast/Sandwich	250 g	180 W	4½-5		
German Bread	500 g 180 W 8-10				
(Wheat + Rye Flour)	Instructions Arrange rolls in a circle or bread horizontally on kitchen paper in the middle of turntable. Turn over after half of defrosting time! Stand for 5-20 minutes.				

GRILL

The grill-heating element is located underneath the ceiling of the cavity. It operates while the door is closed and the turntable is rotating. The turntable's rotation makes the food brown more evenly. Preheating the grill for 3-4 minutes will make the food brown more quickly.

Cookware for grilling:

Should be flameproof and may include metal. Do not use any type of plastic cookware, as it can melt.

Food suitable for grilling:

Chops, sausages, steaks, hamburgers, bacon and gammon rashers, thin fish portions, sandwiches and all kinds of toast with toppings.

Important remark:

Whenever the grill only mode is used, make sure that the grill-heating element is under the ceiling in the horizontal position and not on the back-wall in the vertical position. Please remember that food must be placed on the high rack, unless another instruction is recommended.

MICROWAVE + GRILL

This cooking mode combines the radiant heat that is coming from the grill with the speed of microwave cooking. It operates only while the door is closed and the turntable is rotating. Due to the rotation of the turntable, the food browns evenly. Three combination

modes are available with this model: 600 W + Grill, 450 W + Grill and 300 W + Grill.

Cookware for cooking with microwave + grill

Please use cookware that microwaves can pass through. Cookware should be flameproof. Do not use metal cookware with combination mode. Do not use any type of plastic cookware, as it can melt.

Food suitable for microwave + grill cooking:

Food suitable for combination mode cooking include all kinds of cooked food which need reheating and browning (e.g. baked pasta), as well as foods which require a short cooking time to brown the top of the food. Also, this mode can be used for thick food portions that benefit from a browned and crispy top (e.g. chicken pieces, turning them over half way through cooking). Please refer to the grill table for further details.

Important remark:

Whenever the combination mode (microwave + grill) is used, make sure that the grill heating element is under the ceiling in the horizontal position and not on the back-wall in the vertical position. The food should be placed on the high rack, unless another instruction is recommended. Otherwise it has to be placed directly on the turntable. Please refer to the instructions in the following chart.

The food must be turned over, if it is to be browned on both sides.

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Grill Guide for frozen food

Use the power levels and times in this table as guide lines for grilling.

Frozen Food	Serving size	Power	1 step (min.)	2 step (min.)
Bread Rolls (each ca. 50 g)	2 pcs 4 pcs	MW + Grill	300 W + Grill 1-1½ 2-2½	Grill only 1-2 1-2
			Grill the second s d for 2-5 minutes.	
Baguettes + Topping	250-300 g (2 pcs)	450 W + Grill	8-9	-
(Tomatoes, Cheese, Ham, Mushrooms)	Instructions Put 2 frozen ba Stand for 2-3 n	After grilling.		
Gratin	400 g	450 W + Grill	13-14	-
(Vegetables or Potatoes)			und glass pyrex d tand for 2-3 minu	
Pasta	400 g	MW + Grill	300 W + Grill	Grill only
(Cannelloni,			18-19	1-2
Macaroni, Lasagne)	Instructions Put frozen pasta into a small flat rectangular glass pyrex dish. Put the dish directly on the turntable. After grilling. Stand for 2-3 minutes.			
Chicken	250 g	450 W + Grill	5-5½	3-31/2
Nuggets Instructions Put chicken nuggets on the rack. Turn over after first			first time.	
Oven Chips	250 g	450 W + Grill	9-11	4-5
	Instructions Put oven chips	evenly on baking	paper on the rac	ck.

Grill Guide for fresh food

Preheat the grill with the grill-function for 3-4 minutes.

Use the power levels and times in this table as guide lines for grilling.

Fresh Food	Serving size	Power	1 step (min.)	2 step (min.)
Toast Slices	4 pcs (each 25 g)	Grill only	6-8	4-5½
	Instructions Put the toast sl	ices side by side	on the rack.	
Bread Rolls	2-4 pieces	Grill only	2-3	2-3
(Already Baked)	Instructions Put bread rolls first with the bottom side up in a circle directly of the turntable.			
Grilled		MW + Grill	300 W + Grill	Grill only
Tomatoes	200 g (2 pcs)		4½-5½	2-3
	400 g (4 pcs)		7-8	
	Instructions Cut tomatoes into halves. Put some cheese on top. Arrange in a circle in a flat glass pyrex dish. Place it on the rack.			
Toast Hawaii	2 pcs (300 g)	450 W + Grill	3½-4	-
(Ham, Pineapple, Cheese Slices)	Instructions Toast the bread slices first. Put the toast with topping on the rack. Put 2 toasts opposite directly on the rack. Stand for 2-3 minutes.			
Baked Potatoes	250 g	600 W + Grill	4½-5½	-
	500 g		8-9	
	Instructions Cut potatoes in cut side to the		em in a circle on t	he rack with the

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Fresh Food	Serving size	Power	1 step (min.)	2 step (min.)
Chicken Pieces	450-500 g (2 pcs)	300 W + Grill	10-12	12-13
	with the bones		and spices. Put thut 1 chicken piece 3 minutes.	
Lamb Chops/	400 g (4 pcs)	Grill only	12-15	9-12
Beef Steaks (Medium)	Instructions Brush the lamb chops with oil and spices. Lay them in a circle on the rack. After grilling. Stand for 2-3 minutes.			
Pork Steaks		MW + Grill	300 W + Grill	Grill only
	250 g (2 pcs)		7-8	6-7
	Instructions Brush the pork steaks with oil and spices. Lay them in a circle on the rack. After grilling. Stand for 2-3 minutes.			
Baked Apples	1 apple (ca. 200 g)	300 W + Grill	4-41/2	-
	2 apples (ca. 400 g)		6-7	
	Instructions Core the apples and fill them with raisins and jam. Put some almond slices on top. Put apples on a flat glass pyrex dish. Place the dish directly on the turntable.			

Fresh Food	Serving size	Power	1 step (min.)	2 step (min.)
Roast Chicken		MW + Grill	450 W + Grill	300 W + Grill
	1200 g		22-24	23-25
			es. Put chicken fin n pyrex dish. Stan	







TIPS AND TRICKS

MELTING BUTTER

Put 50 g butter into a small deep glass dish. Cover with plastic lid. Heat for 30-40 seconds using 800 W, until butter is melted.

MELTING CHOCOLATE

Put 100 g chocolate into a small deep glass dish.

Heat for 3-5 minutes, using 450 W until chocolate is melted.

Stir once or twice during melting. Use oven gloves while taking out!

MELTING CRYSTALLIZED HONEY

Put 20 g crystallized honey into a small deep glass dish. Heat for 20-30 seconds using 300 W until honey is melted.

MELTING GELATINE

Lay dry gelatine sheets (10 g) for 5 minutes into cold water.

Put drained gelatine into a small glass pyrex bowl.

Heat for 1 minute using 300 W.

Stir after melting.

COOKING GLAZE/ICING (FOR CAKE AND GATEAUX)

Mix instant glaze (approximately 14 g) with 40 g sugar and 250 ml cold water. Cook uncovered in a glass pyrex bowl for $3\frac{1}{2}$ to $4\frac{1}{2}$ minutes using 800 W, until glaze/icing is transparent. Stir twice during cooking.

COOKING JAM

Put 600 g fruits (for example mixed berries) in a suitable sized glass pyrex bowl with lid. Add 300 g preserving sugar and stir well.

Cook covered for 10-12 minutes using 800 W.

Stir several times during cooking. Empty directly into small jam glasses with twist-off lids. Stand on lid for 5 minutes.

COOKING PUDDING

Mix pudding powder with sugar and milk (500 ml) by following the manufacturers instructions and stir well. Use a suitable sized glass pyrex bowl with lid. Cook covered for $6\frac{1}{2}$ to $7\frac{1}{2}$ minutes using 800 W.

Stir several times well during cooking.

BROWNING ALMOND SLICES

Spread 30 g sliced almonds evenly on a medium sized ceramic plate. Stir several times during browning for 3½ to 4½ minutes using 600 W. Let it stand for 2-3 minutes in the oven. Use oven gloves while taking out!

troubleshooting

TROUBLESHOOTING

If you have any of the problems listed below try the solutions given.

Problem	Cause	Action
General		
The buttons cannot be	Foreign matter may be caught between the buttons.	Remove the foreign matter and try again.
pressed properly.	For touch models: Moisture is on the exterior.	Wipe the moisture from the exterior.
	Child lock is activated.	Deactivate Child lock.
The time is not displayed.	Power is not supplied.	Make sure power is supplied.
	The Eco (power-saving) function is set.	Turn off the Eco function.
The oven does	Power is not supplied.	Make sure power is supplied.
not work.	The door is open.	Close the door and try again.
	The door open safety mechanisms are covered in foreign matter.	Remove the foreign matter and try again.
The oven stops while in operation.	The user has opened the door to turn food over.	After turning over the food, press the Start button again to start operation.





Problem	Cause	Action
The power turns off during operation.	The oven has been cooking for an extended period of time.	After cooking for an extended period of time, let the oven cool.
operation.	The cooling fan is not working.	Listen for the sound of the cooling fan.
	Trying to operate the oven without food inside.	Put food in the oven.
	There is not sufficient ventilation space for the oven.	There are intake/exhaust outlets on the front and rear of the oven for ventilation. Keep the gaps specified in the product installation guide.
	Several power plugs are being used in the same socket.	Designate only one socket to be used for the oven.
There is no power to the oven.	Power is not supplied.	Make sure power is supplied.
There is a popping sound during operation, and the oven doesn't work.	Cooking sealed food or using a container with a lid may causes popping sounds.	Do not use sealed containers as they may burst during cooking due to expansion of the contents.
The oven exterior is too hot during operation.	There is not sufficient ventilation space for the oven.	There are intake/exhaust outlets on the front and rear of the oven for ventilation. Keep the gaps specified in the product installation guide.
	Objects are on top of the oven.	Remove all objects on the top of the oven.

Problem	Cause	Action
The door cannot be opened properly.	Food residue is stuck between the door and oven interior.	Clean the oven and then open the door.
The oven does not heat.	The oven may not work, too much food is being cooked, or improper cookware is being used.	Put one cup of water in a microwave-safe container and run the microwave for 1-2 minutes to check whether the water is heated. Reduce the amount of food and start the function again. Use a cooking container with a flat bottom.
Heating is weak or slow.	The oven may not work, too much food is being cooked, or improper cookware is being used.	Put one cup of water in a microwave-safe container and run the microwave for 1-2 minutes to check whether the water is heated. Reduce the amount of food and start the function again. Use a cooking container with a flat bottom.
The warm function does not work.	The oven may not work, too much food is being cooked, or improper cookware is being used.	Put one cup of water in a microwave-safe container and run the microwave for 1-2 minutes to check whether the water is heated. Reduce the amount of food and start the function again. Use a cooking container with a flat bottom.

(Continued)





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Problem	Cause	Action	
The thaw function does not work.	The oven may not work, too much food is being cooked, or improper cookware is being used.	Put one cup of water in a microwave-safe container and run the microwave for 1-2 minutes to check whether the water is heated. Reduce the amount of food and start the function again. Use a cooking container with a flat bottom.	
The interior light is dim or does not turn on.	The door has been left open for a long time.	The interior light may automatically turn off when the Eco function operates. Close and reopen the door or press the Cancel button.	
The interior light is covered by foreign matter.		Clean the inside of the oven and check again.	
A beeping sound occurs during cooking.	If the Auto Cook function is being used, this beeping sound means it's time to turn over the food during thawing.	After turning over the food, press the Start button again to restart operation.	
The oven is not level.	The oven is installed on an uneven surface.	Make sure the oven is installed on flat, stable surface.	
There are sparks during cooking.	Metal containers are used during the oven/thawing functions.	Do not use metal containers.	
When power is connected, the oven immediately starts to work.	The door is not properly closed.	Close the door and check again.	
There is electricity coming from the oven.	The power or power socket is not properly grounded.	Make sure the power and power socket are properly grounded.	

	Problem	Cause	Action	
			Let the oven cool and then wipe with a dry dish towel.	
	There is steam through a crack in the door.	There may be water or steam in some cases depending on the food. This is not an oven malfunction.	Let the oven cool and then wipe with a dry dish towel.	
	There is water left in the oven.	There may be water or steam in some cases depending on the food. This is not an oven malfunction.	Let the oven cool and then wipe with a dry dish towel.	
	The brightness inside the oven varies.	Brightness changes depending on power output changes according to function.	Power output changes during cooking are not malfunctions. This is not an oven malfunction.	
	Cooking is finished, but the cooling fan is still running.	To ventilate the oven, the cooling fan continues to run for about 3 minutes after cooking is complete.	This is not an oven malfunction.	
	Pressing the +30s button operates the oven.	This happens when the oven was not operating.	The microwave oven is designed to operate by pressing the +30s button when it was not operating.	





Problem	Cause	Action
Turntable		
While turning, the turntable comes out of place or stops turning.	There is no roller ring, or the roller ring is not properly in place.	Install the roller ring and then try again.
The turn table drags while turning.	The roller ring is not properly in place, there is too much food, or the container is too large and touches the inside of the microwave.	Adjust the amount of food and do not use containers that are too large.
The turn table rattles while turning and is noisy.	Food residue is stuck to the bottom of the oven.	Remove any food residue stuck to the bottom of the oven.
Grill		
Smoke comes out during operation. During initial operation, smoke may come from the heating elements when you first use the oven.		This is not a malfunction, and if you run the oven 2-3 times, it should stop.
	Food is on the heating elements.	Let the oven cool and then remove the food from the heating elements.
	Food is too close to the grill.	Put the food a suitable distance away while cooking.
Food is not properly prepared and/or arranged.		Make sure food is properly prepared and arranged.

Problem Cause		Action
Oven		
The oven does not heat.	The door is open.	Close the door and try again.
Smoke comes out during preheating.	During initial operation, smoke may come from the heating elements when you first use the oven.	This is not a malfunction, and if you run the oven 2-3 times, it should stop.
	Food is on the heating elements.	Let the oven cool and then remove the food from the heating elements.
There is a burning or plastic smell when using the oven.		Use glass cookware suitable for high temperatures.
There is a bad smell coming from inside the oven.	Food residue or plastic has melted and stuck to the interior.	Use the steam function and then wipe with a dry cloth. You can put a lemon slice inside and run the oven to remove the odour more quickly.

(Continued)







Problem	Cause	Action
The oven does not cook properly.	The oven door is frequently opened during cooking.	Do not frequently open the door unless you are cooking things that need to be turned. If you open the door often, the interior temperature will be lowered and this may affect the results of your cooking.
	The oven controls are not correctly set.	Correctly set the oven controls and try again.
	The grill or other accessories are not correctly inserted.	Correctly insert the accessories.
	The wrong type or size of cookware is used.	Reset the oven controls or use suitable cookware with flat bottoms.



If the above guidelines do not enable you to solve the problem, then contact your local SAMSUNG customer service centre.

Please have the following information read;

- The model and serial numbers, normally printed on the rear of the oven
- Your warranty details
- A clear description of the problem

Then contact your local dealer or SAMSUNG aftersales service.

INFORMATION CODE

Check code	Cause	Action
C-d0	Control buttons are pressed over 10 seconds.	Clean the keys and check if there is water on the surface around key. Turn off the microwave oven and try setting again. If it occurs again, call your local SAMSUNG Customer Care Centre.



For any codes not listed above, or if the suggested solution does not solve the problem, contact your local SAMSUNG Customer Care Centre.

technical specifications

SAMSUNG strives to improve its products at all times. Both the design specifications and these user instructions are thus subject to change without notice.

Model	GE83KRQ*-1, GE83KRQ*-2, GE83KRQ*-3, GE83MRTQ*, GE83MRQ, GE83DTRQ*, GE83XRQ	
Power source	230 V ~ 50 Hz	
Power consumption		
Microwave	1200 W	
Grill	1100 W	
Combined mode	2300 W	
Output power	100 W / 800 W (IEC-705)	
Operating frequency	2450 MHz	
Magnetron	OM75P (31)	
Cooling method	Cooling fan motor	
Dimensions (W x H x D)		
Outside (GE83KRQ*-1)	489 x 275 x 372 mm	
Outside (GE83KRQ*-2)	489 x 275 x 376 mm	
Outside (GE83KRQ*-3)	489 x 275 x 370 mm	
Outside (GE83DTRQ*)	489 x 275 x 364 mm	
Outside (GE83XRQ)	489 x 275 x 354 mm	
Outside (GE83MRQ)	489 x 275 x 355 mm	
Outside (GE83MRTQ*)	489 x 275 x 356 mm	
Oven cavity	330 x 211 x 324 mm	
Volume	23 liter	
Weight		
GE83KRQ*-1, GE83KRQ*-2, GE83KRQ*-3	12.5 kg approx	
GE83MRTQ*, GE83MRQ, GE83DTRQ*, GE83XRQ	13 kg approx	

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MEMO



Подлежит использованию по назначению в нормальных условиях Срок службы: 7 лет



Символ «не для пищевой продукции» применяется в соответствие с техническим регламентом Таможенного союза «О безопасности упаковки» 005/2011 и указывает на то, что упаковка данного продукта не предназначена для повторного использования и подлежит утилизации. Упаковку данного продукта запрещается использовать для хранения пищевой продукции.



Символ «петля Мебиуса» указывает на возможность утилизации упаковки. Символ может быть дополнен обозначением материала упаковки в виде цифрового и/или буквенного обозначения.





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СТРАНА	ТЕЛЕФОН	ВЕБ-УЗЕЛ
RUSSIA	8-800-555-55-55	www.samsung.com/ru/support
GEORGIA	0-800-555-555	
ARMENIA	0-800-05-555	
AZERBAIJAN	0-88-555-55-55	www.samsung.com/support
KAZAKHSTAN	8-10-800-500-55-500(GSM: 7799, VIP care 7700)	
UZBEKISTAN	8-10-800-500-55-500	
KYRGYZSTAN	8-10-800-500-55-500	www.samsung.com/kz_ru/support
TADJIKISTAN	8-10-800-500-55-500	
MONGOLIA	7-495-363-17-00	
BELARUS	810-800-500-55-500 www.samsung.com/sup	
MOLDOVA	0-800-614-40	
UKRAINE	0-800-502-000	www.samsung.com/ua/support (Ukrainian) www.samsung.com/ua_ru/support (Russian)

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